

"A new way of thinking about aged care"

Many opportunities to give and receive during the festive season.

The festive season created many opportunities for our residents and staff to give love and care to others in our community. It also created opportunities to receive love and care with many groups of children, entertainers, volunteers and visitors enjoying spreading

the Christmas spirit around our Homes.

Our staff really embraced every opportunity to share all of those little Christmas touches with our residents and our residents in return shared many a song and favourite Christmas memory with

us too.

The feeling of Christmas is one of warmth, friendship and love, something that we should focus on all year round and not just at Christmas – it's all of these things combined that create an antidote to helplessness.

EDEN PHILOSOPHY – Principle 4:

An Elder-centered community creates opportunity to give as well as receive care.

This is the antidote to helplessness.

The Croft



Mollie's Spot

Mollie Thomson, a resident of the Croft, is an integral part of the Croft newsletter. She is the Croft reporter and always meets the deadline for delivering her articles. Residents who volunteer or are handpicked by Mollie, are interviewed for a "This is your Life" segment. It is very interesting and a wonderful way of getting to know someone. Another regular article is the Staff focus. Mollie focuses on a staff member, interviewing them and then sharing their interesting story.

When asked why she loves doing

this job, Mollie said that she is happy to be able to participate as she still has a sharp mind. For many years Mollie was a Presbyterian Support board member and continues to be active in community groups. As a former Presbyterian lay preacher she values the opportunity to lead the occasional Thursday morning worship service. She has an extensive knowledge of the history of Presbyterian Support and enjoys being involved in various Croft resident groups, surfing the net, keeping up with her emails and staying active.



"There is no such thing as a small act of kindness. Every act creates a ripple with no logical end."

– Scott Adams

A cuddle for Christmas

On Christmas day, Wiremu, a.k.a William, one of the staff, together with his wife came to see the residents at the Croft to do something different. Both of them were giving soft toys to the residents which have words saying "Cuddle Me" on the teddy's feet. Dorothy Roy, one of the residents was given one of these and she gave it a cuddle straight away, bursting into tears, since she loves soft toys very much. Dorothy never had a teddy as a child which made this even more special. When asked what the name of the teddy is, she said "William"!



Margaret Wilson



Christmas Concert by Christine Frewen

In December residents of Margaret Wilson voted to have a Karaoke themed concert for their annual Christmas party.

Everyone was very excited and soon the items came rolling in. Staff, residents and children all wanted to be part of the fun and quickly started working on songs and Christmas themes for their items.

This year's concert was different to those in the past. We, the staff, usually with input from a few residents put a concert together, but, this year our residents chose to do something different.....and it worked out great!

We had three gentlemen residents singing two items with no music as well as staff and children putting on items.

Best of all, everyone in the audience was singing and dancing around the room and having fun.

Thanks to our residents voting for something different and staff, residents and families for getting on board. With everyone's input this was a wonderful afternoon and a fabulous way to celebrate Christmas at Margaret Wilson Home.



Joy Delight & Happiness

by Nicky Gudsell

When discussion rolled around to staff at Margaret Wilson Home organising the 'secret Santa' we reflected that we were very fortunate to have all that we need in our lives.

We were keenly aware that this is not the case for everyone and thought about having a 'giving tree' alongside Secret Santa this year.

Family Works support so many families and we wanted to pay our good fortune forward.

As we talked about it, several residents and families said they would like to join in.

Our next task was working out how to display and attract gifts. Some timber had been donated some time ago to the residents but it needed stripping down with machine tools to make anything. A family member was 'persuaded' to 'volunteer' to build us a set of shelving shaped like a Christmas tree. The result was perfect.



Over the month before Christmas the branches of our tree became laden with beautiful foods and gifts for Family Works.

Everything from the good old faithful spaghetti to exotic oils and vinegars, beautifully crafted soft toys, sweet bags to lovely jewellery.

The residents enjoyed sneaking their treats onto the tree along with the staff and seeing the tree grow bountiful.

Secret Santa never visited us this year. Joy and generosity took his place and we all felt so much richer for giving something to someone we had not met but cared about from a distance.

Wallingford

Life Tubes - A Legacy in the Making by Sandy McLachlan and Raewyn Mehrtens

Sandy had a friend called Sue whose Mum died suddenly. Sue's mum had a Life Tube in her fridge which indicated what her wishes were, and made things easier for paramedics and family.

Two months after her mum died Sue decided to purchase 2000 Life Tubes to donate to the community of Temuka. However, Sue herself became sick and also died, leaving the Life Tubes still to be put together.

The Wallingford residents were approached to see if they could assist. They were more than happy to help out and, day after day, they sat together putting the Life Tubes together. Overall, 1000 were done by the residents and they were still looking to do more! The Plunket Society and Temuka Transport, did the rest.

Each resident who participated had the option of giving a Life Tube to one of their family members.

Life Tube



Pictured (from left to right)

Joan Richardt, Rose Slater (Activities Coordinator), Paul Steija, Cathy McKenzie, Kathleen Symes, AJ Sullivan and Daphne Gudsell.

Giving Generously at Christmas

The residents were consulted as to whether they wanted to sponsor a family from Family Works for Christmas. They were keen to do this but we discovered that we were too late to be able to sponsor someone, as there were more sponsors than people. The residents decided instead to run a quick fire raffle with the money going to Family Works to spend on whatever was needed so that people could have a nice Christmas. This was exactly what we did. Most of the tickets were bought by the residents themselves!

Putting their stamp on it by Sandy McLachlan

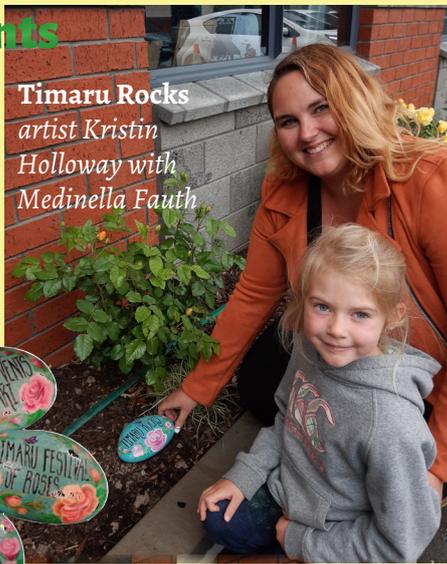
A resident asked me to buy a book of stamps so she could give them to other residents who want to send Christmas Cards. She said it makes her feel good when residents can write their cards and send them in time for Christmas.

Roses for Residents

Early in December, 2019, we held a special morning tea to unveil our beautiful roses at the main entrance to PSSC Administration. The sponsors of the Roses were invited to place a beautifully painted rock with their rose.

These are now a living memorial that can be visited and enjoyed for years to come.

Timaru Rocks
artist Kristin
Holloway with
Medinella Fauth



Kirsty
Burnett



Doug, Phyllis and
Lyn Blakie



Lizzie McIvor



Alice Sollis,
remembering her
mum,
Pam Russell



A great variety of nutritious, delicious and affordable frozen meals available every day from our freezers. Purchase one of our reusable hessian bags for just \$5 with your Too Easy meals.

Enquiries or Pre Orders:
Ph: 03 687 1149

Available Monday – Friday 8:30am to 5:00pm from:

- **The Croft**,
12 Park Lane,
Timaru
- **Wallingford Rest Home**,
20 Cass Street,
Temuka
- **Family Works**,
26 North St
Timaru.



The Croft Christmas Angel Project

(Family Works)

The Croft residents held their inaugural *Croft Country Fair* on the 19th October 2019 and for our first fair it was a great success.

The residents decided to use some of the money raised to support a family, for Christmas, through the Family Works Christmas Angel project.

There was a lot of discussion on how best to help this family and it was decided to give them mixed baskets of goodies as well as gift vouchers to help with their coming year.

The baskets looked very festive. This was such a generous thing to do and gave everyone such pleasure to be able to help a vulnerable family at Christmas time.



PSSC is proudly announced winners at Business Awards



In our last Eden Newsletter we mentioned that we were finalists in two categories at the South Canterbury Chamber of Commerce Business Excellence Awards.

In August some of our staff, board and management team attended the gala awards dinner and were delighted to be named the winners of both of the categories.

Awards like these recognize the exceptional work that our staff do every day and with the help and assistance of our residents (especially for the Environmental Award win) we have been excited to be able to share these awards with you all.

Your generous support, no matter how large or small, makes a real, immediate and lasting difference in our local community. Every donation is used locally and your contributions enable us to continue to reach those who most need our help.



We are enormously grateful to those who make provision for our work by remembering us in their Will with legacies or bequests, providing benefit to many for generations to come. To speak to someone about this, please contact Kirsty Burnett, Marketing and Fundraising Co-ordinator on 03 687 7945.

Every donation of \$25 or more receives a FREE PSSC Hessian Bag (must be collected).



Donation Form

Together we make a difference
in our South Canterbury Community.



Your generous contribution supports and sustains our important work - every donation counts and is used locally.

Contribution Amount:

\$10 \$30 \$50 \$100 \$500 Other \$ _____

One Off Donation Monthly Donation Six Monthly Donation Other _____

or please charge my Credit Card/ Debit Card (Mastercard Visa) \$ _____

Name of Cardholder: _____

Card No: _____ Expiry Date: _____

Signature: _____

Donation paid by: Mr/Mrs/Ms/Miss (Name/s): _____

Address: _____

Phone: _____ Email: _____

Join Mailing List? (Newsletters & Updates) Yes No

Please contact me about:

- Setting up a regular automatic payment
- Leaving a gift in my Will
- Donating to the Family Works Foodbank
- Becoming a Family Works Guardian Angel
- Becoming a Volunteer
- Other: _____

Donate Online - www.pssc.org.nz

We welcome your online donation. To donate by internet banking please pay to Presbyterian Support Services (South Canterbury) Inc; ANZ 06-0889-0014481-00. To enable us to provide a receipt, please enter your surname in the Particulars field; your street number and street name in the Code field and your suburb or town in the Reference field.

Cheque Donations

Please make cheques payable to Presbyterian Support South Canterbury.

Presbyterian Support New Zealand will preserve the confidentiality of all personal information it holds in accordance with the NZ Privacy Act 1993.

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