



Presbyterian
Support
South Canterbury

SUPPORT REPORT

March 2020

Our Stories - How We Make a Difference

Welcome from CEO Carolyn Cooper

Welcome to our annual Support Report, showcasing some of our highlights over the past six months.

One thing you can guarantee about PSSC is that we never stand still for very long. Since the annual report last October work has started at the Croft, there was a very successful Corporate Christmas Angels campaign and the Refugee Resettlement contract was awarded. We have participated in a number of fun activities along the way such as the Ethel and Bethel Bingo night and the various challenges between the Health and Wellbeing teams. Staff continue to fully participate in everything that is going on and for this I am extremely grateful. Residents and clients certainly benefit when staff engage so willingly. Many staff go that extra mile, something we can all be proud of.

Summer is nearing its end and we head into autumn with its changing colours and weather, here's hoping for some rain. Thank you to everyone from the board, the staff and the volunteers. PSSC thrives because of all of you. We look ahead to the next six months with a high degree of excitement.

Carolyn Cooper



Update from Board



Margaret Turley

Margaret Turley

In October 2019 Margaret attended her first Presbyterian Support SC Meeting.

Margaret works alongside her husband, Murray, on their cropping farm operation at Temuka.

Margaret has previous experience on Craighead BOP, BOT & Foundation along with St Andrews College Foundation.

Margaret sees that there is a lot to be learnt about PSSC, and has a great respect for the hard work that has been done by the Board and Staff, prior to her joining this team.



Quentin Hix

Quentin Hix

We thank Quentin Hix for his time and commitment to the Presbyterian Support South Canterbury Board. Quentin has been a board member for the past 4 years and provided great insight and strategic vision for our organisation.

We take this opportunity to congratulate Quentin on his appointment as a District Court judge to the Christchurch District Court. We wish Quentin the best of luck in his new role and hope his move to Christchurch goes smoothly.



Chaplain

Now we're in the Season of Lent with our focus on Jesus preparing to face the Cross. Let us be encouraged by these words.

'God is our refuge and strength, an ever present help in trouble.' Psalm 46:1. It's a wonderful hymn too, set to the 'Dambusters' March.'

Why not check it out? Have a holy Lent and Blessed Easter.

The Reverend Alan Cummins,
Chaplain

Cultural Advisor

Ma tou rourou ma taku rourou ka ora te iwi.

With your basket of food and my basket of food the people will thrive.



Ruth Garvin,
Cultural Advisor

Presbyterian Support South Canterbury

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Croft Rebuild

Work is well underway on the Croft redevelopment. Walls and windows are being moved, some very large trenches have been dug and residents have a great view of everything that is happening at the moment. Three new rooms are being developed out of existing spaces. Once these have been completed work will start on the additional eleven rooms at the rear of the existing building. While this work is underway staff and visitors need to be mindful of their surroundings and follow all signage etc. Please remember parking is at a premium between 8am and 5pm Monday to Friday. You may find yourself having to park on the street and walking up to the Croft. As part of the redevelopment there will be additional car parking. In the meantime, we all need to be a bit patient and show some consideration when it comes to parking. Work is on track to be completed by March 2021.



Refugee Settlement

PSSC is absolutely delighted and honoured to be the provider for the Refugee Settlement Support Services in Timaru.

This is a natural extension of our mission, vision and values which are centred on supporting those most in need in our community. We already offer a comprehensive range of support services to older people, people with disabilities, children, young people, families/whanau and community.

This project has created four new positions including our new Refugee Settlement Manager, Fiona Jackson. We are currently recruiting for three other newly created positions. The Refugee Settlement team will be located at 3 Sophia Street, Timaru. Aoraki Migrant Centre and English Language Partners will also be residing in this space to create a multicultural hub.

Together we will make a real and positive difference in supporting these families to become part of the Timaru community.



Refugee Settlement Services Staff introductions Refugee Settlement Services Manager:

I was thrilled when I read last year that Timaru had been selected as a new Refugee Settlement location as this is an issue I feel strongly about. When it was announced that Presbyterian Support South Canterbury would be delivering the Refugee Settlement Services in Timaru, I stalked the website until this position was advertised so that I could convince management of how passionate I was about leading the Refugee Settlement team. My experience working with refugees began when I worked for Australian Immigration for 14 years, in both Australia and overseas managing immigration offices. I have been living in Timaru for 5 years now with my husband (who grew up in Pleasant Point) and our two young kids. And now here I am, with a long list of things to do in order to prepare for the arrival of our new refugee families.



Fiona Jackson

Health & Wellbeing at PSSC

With over 420 staff across all of our services in South Canterbury, Health and Wellbeing in the workplace is of the upmost importance.

A Health and Wellbeing committee was formed to engage our staff in healthy workplace initiatives, team bonding challenges and well being practices.

The Health and Wellbeing committee

prepare a yearly calendar with monthly tasks, challenges and ideas for staff across all of PSSC's services. The tasks and challenges have been well received and the competitive nature of the individual teams has been shown in some of these challenges. The Bear Challenges have been a favourite amongst the teams as has the healthy smart heart fruit platters that were kindly provided by



Bidfood.

All of these things encourage fun and connection which ultimately adds to the Health and Wellbeing of our workplace.



Changes to Management



Caro Sexton-Phillips

Enliven Liaison Manager

Carolyn shifted from Whangarei where she was managing 6 Holiday Homes on a private beach on the Whangarei Heads. Although Carolyn had been living up there approximately 6 years, Timaru is home.

Carolyn trained as an Occupational Therapist at Central Institute of Technology in Heretaunga Upper Hutt Wellington, then commenced practice as a new OT graduate at the Timaru Hospital.

After having 2 children, Carolyn worked part time at Victoria Corner, the Mental Health Drop in Centre and completed a qualification in

Psychiatric Community Health.

Carolyn has also worked for Accident Compensation Corporation - as a Rehabilitation Coordinator, Case Manager and Team Leader.

Carolyn has been married to husband Graham for 25 years and her children have now married. She has five grandchildren aged zero to five, all who live here in Timaru.

Carolyn says "I have been told many times I have big shoes to fill replacing Vivien, I am therefore grateful to be tall with large feet so look forward to the challenge."

Christmas Angels Impacts Community

In November 2019 we launched the Christmas Angels Project, to create an opportunity for Corporate businesses/families to support/ sponsor a Family Works family through the stressful Christmas period.

The impact that this project had on the over 50 Family Works families involved was huge – there has been so much gratitude as the stress on these families was reduced and they were able to have a wonderful Christmas thanks to their Christmas Angels.

We thank all of the amazing and generous businesses, individuals, family groups, schools, kindies, Enliven Homes and work place social groups who got involved in this project. We look forward to this growing in 2020 and supporting children and families in South Canterbury.

Family Works Update

Welcome to 2020 from everyone at Family Works.

The need for our services doesn't decrease, and can only be delivered because of the generosity of wonderful people, trusts and organisations. Your generosity has ensured real change for so many people.

So a massive "thank you" to everyone who supported our South Canterbury tamariki and whānau in so many ways throughout the year and especially at Christmas from all of the staff at Family Works.

The Timaru Herald Christmas Tree Appeal was once again hugely successful and we were able to distribute over 500 gifts to families across the community. The gifts from under the tree were also shared with other agencies and services in South Canterbury. Thank you to the Timaru Herald for continuing to support this endeavour every year.

Thank you to all of the fantastic workplace places, church groups and service clubs and individual members of the public who also

donated Christmas gifts and groceries for families, your kindness and support made a difference for so many people.

In the 3 weeks prior to Christmas our food bank volunteers, Merle, Lynne, Margaret and Winsome made up 104 Christmas Food parcels – this could not have been achieved without the generosity of New World customers who donated items for families that went into our food parcels and the ongoing support that we get from Mid and South Canterbury Community Trust for our food bank. This support allows us to make Christmas a special time for whānau – we were able to give every family a chicken in their food parcel this year – these were sourced for us at a very good price from Burgers Butchery.

This year we had a new initiative at Family Works called "Christmas

Angels" where over 50 of our families were supported by a Sponsor. This made a significant difference to the supported families and we are so very grateful to all of the Christmas Angel sponsors.

Our Grandparents Raising Grandchildren's Group has grown significantly in the past 2 years; we now have 60 grandparents connected with our support group. Family Works and all of the grandparents sincerely value the support and sponsorship that we receive from Zonta for our grandparents and their grandchildren.

Zonta have organised a range of activities and events throughout the past year which is greatly appreciated by everyone involved. We are delighted to have the ongoing support and sponsorship of Todd Mudie Group for our Buddy Programme again this year.



Please support our work.

Your generous support, no matter how large or small, makes a real, immediate and lasting difference in our community. Every donation is used locally and your contributions enable us to continue to reach those who most need our help.

We are enormously grateful for those who make provision for our work by remembering us in their Will with legacies or bequests, providing benefit to many for generations to come. To speak to someone about this, please contact us on 03 687 7945.

Donation Form

Together we make a difference
in our South Canterbury Community

Your generous contribution supports and sustains our important work - every donation counts and is used locally.



**Presbyterian
Support**
South Canterbury

Contribution Amount:

\$10 \$30 \$50 \$100 \$500 Other \$ _____

One off Donation Monthly Donation Six Monthly Donation Other: _____

or please charge my credit Card/Debit Card (Mastercard / Visa) \$ _____

Name of Cardholder _____ Card No: _____

Expiry Date: _____ Signature: _____

Donation paid by: Mr/Mrs/Ms/Miss (Name/s): _____

Address: _____ Phone: _____

Email: _____ Join Mailing List (Newsletters & Updates) Yes No

Please contact me about:

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| <input type="radio"/> Setting up a regular donation | <input type="radio"/> Becoming a Family Works Guardian Angel |
| <input type="radio"/> Leaving a gift in my Will | <input type="radio"/> Becoming a Volunteer |
| <input type="radio"/> Donating to the Family Works Foodbank | <input type="radio"/> Other: |

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Please make cheques payable to Presbyterian Support South Canterbury.

Presbyterian Support New Zealand will preserve the confidentiality of all personal information it holds in accordance with the NZ Privacy Act 1993.

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