



Presbyterian  
Support  
South Canterbury

# SUPPORT REPORT

March 2022

## Our Stories - How We Make a Difference



### Welcome from the CEO

#### *Nau mai haere mai*

Usually, we look back over the past few months and talk about what a great summer we have had, the events we went to, the concerts etc. but it was a little different this time around with many major events cancelled due to the looming threat of Covid. We were so excited to be

hosting *Christmas on the Bay* but that was cancelled as was the entire Caroline Bay Carnival. However, we are already planning for the concert which will be in December this year. I can promise you it will be bigger and better.

The next few months are going to be difficult for many both at work and at home. PSSC has been working closely with different organisations to ensure we are ready. The plans we have in place can be adapted quickly as things change. One thing we have learnt over the past two years is that things change. However, we have a great team, and we will all continue to work closely over the coming months. The key message to you all is to stay home if you are sick, ring the Health Line or your GP and follow their instructions. Get those little sniffles checked out. Don't assume it is only an allergy, Omicron is a sneaky little virus. I am hoping by the time I get to writing my report for the Annual General Meeting things will have improved for everyone. The Board wish to express their thanks to everyone for their continued support. — Stay safe and look after each other.

*Carolyn Cooper*

### Volunteering...

We are so grateful to the volunteers who are continuing to visit the Enliven Homes and assist at Te Pokapū (The Hub). Our community is certainly in a healthy state with regards kindness and caring.

In the past two years there have been many changes to our 'normal' routines, and it would be fair to also say, many challenges have come with the changes.

Some things will never return to the old normal but what does remain unchanged are the attributes of volunteers – generosity, kindness, service, and compassion.

We are always looking to welcome new volunteers and would love the opportunity to chat with anyone further about this. Some of our residents have limited family and friends living locally and visits and friendship from volunteers are a real gift to these people. Vaccine passes are required for all volunteer roles.



*"A generous heart, kind speech, and a life of service and compassion are the things that renew humanity."*

### Easter Message . . . *Staying the Course!*

Well, this pandemic, in all its various forms, is certainly not a quick sprint; rather it is a marathon!

As many of you will know, being involved in a marathon, a distance of 26 miles, requires, endurance, commitment, stick ability and patience.

We also receive the support, friendship, challenge and comfort of spectators, family members and friends.

So it is with this marathon of a pandemic. The same things apply. We are in this together, so we need to encourage, support, befriend, lookout for and cheer one another on.

We will reach the finishing line one day and this will all become part of our history. As the Queen said to the Commonwealth last year, quoting the late Dame Vera

Lynn, 'We'll meet again some sunny day.'

In the meantime, let's run together with endurance the race set before us, looking to 'Jesus the Pioneer and Perfecter of our faith.'

As we support each other don't forget to laugh, cry, reminisce, tell stories, pray, sing, be still, smell the roses, enjoy the sun and paddle in the sea.

We have a great province with beautiful scenery and wonderful amenities. Let's enjoy them and appreciate them with family members and friends as one day we will meet again 'some sunny day.'

May God keep us and watch over us as He keeps us all in the palm of His hand. He is, after all, The Good Shepherd who loves and cares for us all.

*The Reverend Alan Cummins, Chaplain*



Presbyterian Support South Canterbury

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## Enliven



### Croft Retirement Village — Supported Living Apartments

After three years of planning and one year of construction, the new modern apartments at The Croft Retirement Village were completed in December 2021.

The nine new apartments are self-contained with a modern kitchen, laundry and dining area as well as having access to a communal living and dining space. These beautiful ground-floor apartments are north-facing and come with a range of services along with midday meals, and morning and afternoon tea. Included in the support package is a weekly bed change and laundry of sheets and towels, a weekly clean of the apartment plus assistance with supermarket shopping. A registered nurse is on site for a brief



weekly contact or advice and each apartment has emergency call bell systems in every room.

The supported living package has been carefully designed to provide sufficient assistance to keep our residents healthy and safe while enabling individuals to maintain maximum levels of independence. Extra services can be added either from the suite of services available through Presbyterian Support or via community services and chosen providers.



These apartments have sold very well with only three or four still available to purchase.

If you would like to know more, please contact:

Enliven Liaison Manager, Caro Sexton-Phillips

(Monday to Friday)

on 03 687 1120 / cell 0274 408 598 or

email: [Carolyn.Sexton-Phillips@pssc.co.nz](mailto:Carolyn.Sexton-Phillips@pssc.co.nz) to arrange a time to visit.

## Changes within Management

### Chief Financial Officer

We welcome **Deepika Khurana Nayyar** as our new Chief Financial Officer. Deepika is a CPA & Chartered Accountant with 11 years of work experience, and has lived in New Zealand for five years along with her husband and two year old son.

Deepika is from Delhi (North India), she loves dancing and is very creative and colourful. She loves to cook and we are all very jealous of her delicious lunches already. Being a working mum is a new challenge and she is embracing both roles with the support of her new PSSC family.

### Food Services Manager

Welcome **Joe Lana**...

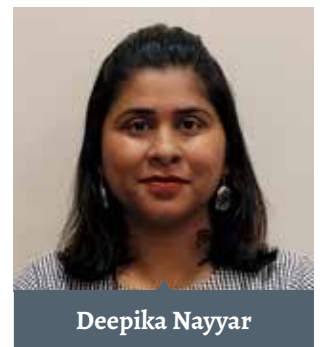
“My name is Joilson Lana, they call me Joe Lana. I have been married for 23 years and my beloved wife is Keillen Lana, who is a great kitchen manager at McKenzie Health Care. Our son is Arthur Lana, he is 18 and is going to university to study health science to be a doctor, currently working for South Pacific Sera. We are from Brazil and have been in New Zealand for six years.

We love Timaru and we have been living here for three and a half years. We find Timaru a great place to be, nice people and good weather as I love biking and playing badminton.

My career as Chef started a long time ago in Sydney, early 90's, at the Bourbon and Beefsteak where I worked for seven and a half years then went back home and back to my studies and became a businessman, working in the industry for nearly 20 years when nearly eight years ago my wife and I went back to hospitality again.



Joe Lana



Deepika Nayyar

I have worked for restaurants, cafes and rest homes until I got this great job offer from Enliven. My goal here is to continue Linda's great work and add all my experience to make it improve more and more with this beautiful team that I inherited.

### Wallingford Nurse Manager

To Enliven's Wallingford Home, we welcome **Kim Entwistle**.

Kim is a well-known nurse in South Canterbury and has recently worked as the General Manager at McKenzie Lifecare.



Kim Entwistle

### Thank-you for your service...

We recently said farewell and best of luck to: **Linda Hogan** (Food Service Manager); **John Robb** (Enliven The Croft, Gardener); **Raewyn Mehrrens** (Enliven Wallingford Nurse Manager); **Russell Standeven** (Finance and Admin Manager) and **Tracy Lindsay** (Payroll Co-ordinator).



Linda Hogan

Success is not the work of one, but the work of many.

## Cultural Message ...

from Ruth Garvin,  
Cultural Advisor

### Kia ora from Scotland.

I have been in Edinburgh since December. Surprisingly the temperatures have been mild and the white Christmas I was looking forward to did not eventuate.

It has been interesting to hear from so many friends and family over here who have had Covid recently, most of whom were surprisingly nonchalant about it. It seems the health effects were flu like without hospitalisation.

Last week Scotland moved to a less restricted environment for travel, testing and mask wearing. Although, they have introduced a "Distance Awareness" badge. People can wear them to alert others to maintain distance. My Cultural Advisor support report is brief given that I have been over here swanning around.

In my last support report I talked about the 2021 focus being the Kete roll out - over 60% of staff have completed Kete one and 14 Family Works staff have completed Kete two. Twenty of our team have enrolled in Te Ao Māori for professionals. The intention is to enrol some staff throughout the year.

So we are definitely making good progress towards cultural competency.

Tawhiti rawa i tō tatou haerenga atu te kore haere tonu' — *we have come too far not to go further*, (Sir James Henare).

No reira he waka eke anō — *we are all in this boat together*.



## Refugee Settlement Services

The pandemic has had an ongoing impact on the number of refugees that have been able to safely arrive in Timaru. The RSS team are hopeful to welcome a new family in March. There are plans to also settle Afghan refugees in Timaru during 2022. Syrian and Afghan families come from situations of need and RSS will support them through their settlement journey.

In anticipation of new arrivals this year the RSS team have begun training a new group of volunteers who will work directly with families. People who are interested in becoming a volunteer can contact Refugee Settlement Services [pssc.org.nz/refugee-settlement-services/](https://pssc.org.nz/refugee-settlement-services/).

## Family Works Update



The team at Family Works would really like to thank and acknowledge our wonderful community for their extreme generosity during the Christmas period. We received many donations of food and vouchers for our food bank and through the [Christmas Angel Project](#) we were able to support 129 families. This is nearly double the number of families from last year! As well as our Family Works families, we were able to support families that were referred from other community agencies, making this a real community project.

One of the lovely stories that we heard about was from a family that had received some support from this project in it's first year. This time around they were in a position to help out another family and so they became a Christmas Angel and supported a family of their own. We were so thrilled to hear this for many reasons – this is a family that had received help when they needed it and now their circumstances have changed as a result of receiving support, enabling them to pay it forward to someone else in their community – that really is the best outcome that we can hope for.

In addition to the [Christmas Angel Project](#) we were able to support a further 260 children and families from the gifts that were placed under [The Timaru Herald Community Christmas tree](#).

Plus we have to make mention of the very generous donation of 30 children's bikes from [Harcourts](#)



Blackham & Co and the \$3,000 of toys donated from Mitre 10 Mega. We are so very grateful to have such amazing support from our local businesses.

We provide support to over 1,100 tamariki and their whānau every year – we sincerely appreciate the support that we receive from our amazing community. It is often said "It takes a village to raise a child" and I am frequently reminded of just how true that is.

He taonga rongonui te aroha ki te tangata — *Good will towards others is a precious treasure*.

Liz Nolan, Family Works Manager

### Christmas Angel Project 2022

Register now to become a Christmas Angel: <https://pssc.org.nz/the-christmas-angel-project/>.

With the generosity of our Christmas Angels last year nearly 130 local families were supported and were able to enjoy the miracle of Christmas. This year you too can help a local family in need!



Together we really can make a difference.

# Thank you

There are many wonderful organisations who help our communities by giving grants and donations during the year and we're tremendously grateful to all of them. Find them at [pssc.org.nz](http://pssc.org.nz).

As a charity we rely on this financial assistance to support vulnerable children, whanau/families and older people as we work towards safe compassionate and inclusive community in South Canterbury.

## Donation Form

Together we make a difference  
in our South Canterbury Community

Your generous contribution supports and sustains our important work—  
every donation counts and is used locally.



### Contribution Amount:

- \$10                       \$30                       \$50  
 \$100                       \$500                       Other \$ \_\_\_\_\_  
 One off donation                       Monthly donation  
 Six monthly donation                       Other:

or please charge my credit Card/Debit Card:

( Mastercard /  Visa) \$ \_\_\_\_\_

Name of Cardholder: \_\_\_\_\_

Card No: \_\_\_\_\_

Expiry Date: \_\_\_\_ / \_\_\_\_

Signature: \_\_\_\_\_

Donation paid by: Mr/Mrs/Ms/Miss (Name/s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Join Mailing List (Newsletters & Updates):  Yes  No

12 Park Lane, Timaru 7910  
DX WX10630  
PO Box 278, Timaru 7940  
Email: [admin@pssc.co.nz](mailto:admin@pssc.co.nz)  
[www.pssc.org.nz](http://www.pssc.org.nz)

To receive a tax receipt  
please make sure you  
have filled in address  
details above.

SR2022

## Save the date...



**Saturday, 10<sup>th</sup>  
December**

Caroline Bay  
Sound Shell,

Join the Christmas on the Bay Choir,  
August audition dates coming soon.

Ways you can support our work:

### 1. Credit Card

- Complete a donation form and post to Presbyterian Support SC
- Donate securely online at [pssc.org.nz/donate](http://pssc.org.nz/donate)
- Call 03 687 7945 and use a credit card over the phone (safely and securely).

### 2. Bank Transfer

Internet banking, telephone banking or popping into the bank to make a donation. Our bank account is 06-0889-0014481-00. (ANZ). So we know who made the donation these should be included:

- Donor's address
- Donor ID (if known)
- The service the gift is to benefit, e.g. Family Works

### 3. Automatic Payment

For automatic payment information and further assistance please call us on 03 687 7945.

### Please contact me about:

- Setting up a regular donation
- Leaving a gift in my Will
- Donating to the Family Works Foodbank
- Becoming a Family Works Guardian Angel
- Becoming a Volunteer
- Other: \_\_\_\_\_

*Making a difference together*