



# Enliven Services

It's your choice

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*enliven*  
PRESBYTERIAN SUPPORT  
SOUTH CANTERBURY

“I feel that “here” is  
my home, I am no  
longer lonely.”





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## Enliven

**Presbyterian Support Services, now know as Enliven, over the past 100 years has been working hard to meet the social needs of South Canterbury.**

Our first home for older people was built in 1948 and over the years we've met, cared for and helped many thousands of people. We pride ourselves on our continuous improvement of the quality of all our services, and we are held accountable for those results through an internal Continuous Improvement Programme.

We are audited every three years against the Health and Disability Service standards by external auditors to ensure we fully comply with these standards. This has resulted in all our facilities gaining high levels of certification with

the Ministry of Health.

Our quality philosophy is embedded throughout the organisation, from the Board, management, staff, residents, clients and volunteers.

We are so serious about it, it forms part of our mission statement.

We understand how important it is to be able to make your own choices. We work with you to maximise your independence, whether you choose to live at home, join one of our friendly rest homes or live in a supported environment at one of our complexes.







## Our Values

We understand that each person is unique and as individuals we each conduct our lives according to our values.

Those values become the measure of our success as we strive for health, wealth, and happiness.

Uniqueness and success can be shared by organisations as well, particularly those that give worthy values priority.

Three of our core values have helped to make Presbyterian Support South Canterbury a unique and successful organisation.

### We believe

- ▶ That each person has a unique identity embracing their own spiritual and cultural beliefs
- ▶ That the provision of excellent care involves information sharing and the participation of those in care and their family / whānau
- ▶ That every person who accesses Presbyterian Support South Canterbury's care programmes is entitled to be cared for by capable and caring staff and other health professionals in a safe and secure environment

## Our Homes

### The Croft

Join us at the Croft Home and enjoy a relaxed and varied lifestyle.

- ▶ Rest Home
- ▶ Hospital
- ▶ Grant Home Dementia Unit
- ▶ Apartments
- ▶ Cottages



### Margaret Wilson

Enjoy a sunny garden backdrop in a quiet residential area of Timaru

- ▶ Rest Home
- ▶ Hospital
- ▶ Rental Cottages
- ▶ Hornsey Home



### Wallingford Rest Home

Delightful lifestyle living in a small town rural setting

- ▶ Rest Home
- ▶ Rental Cottages





## Community Services – Home Support

For 100 years PSSC has been caring for our community with a wide range of initiatives designed to assist children, families and the elderly, delivered in a compassionate and caring way.

In 2008 we added an exciting new service to the community by introducing Home Support, an in-home assistance programme for people with disabilities, an age-related condition, post-surgery, a short-term illness, or those who just require assistance with daily living tasks.

Home Support helps people to remain independent in their own homes, using a restorative focus, and builds on Presbyterian Support South Canterbury's in-home service known as CommunityFIRST, where clients who have been assessed as rest home level care choose to receive care in their own homes.

This service of in-home care is free to those who qualify. There is a self-funding option available if required.

Home Support covers Timaru, Geraldine, Temuka, Fairlie, Winchester and Waimate.



### Dedicated team

A dedicated team of trained Support staff visit individual clients in their homes on a regular basis providing two levels of assistance, personal or domestic, with a restorative focus.

### Personal Care

The support worker assists the client, where required, with dressing and undressing, bathing, shaving, toileting and transferring from bed to chair, along with medication supervision and basic meal preparation.

### Domestic assistance

The Support Worker supports the client, where required with household tasks such as laundry, changing beds, dusting and vacuuming, washing floors, bed-making, meal preparation and essential shopping.

## CommunityFIRST

CommunityFIRST is an innovative service that is provided in South Canterbury only by Presbyterian Support's Enliven Service.

Our team of trained and dedicated Registered Nurses and Support Workers are just as skilled working in the community as they are in Rest Homes and bring the same level of flexible and comprehensive support, right to your door.

### Choice

An alternative to Rest Home care for people over 65 and who have been assessed as needing Rest Home Dementia or Hospital level of care but choose to stay living at home.

### Lifestyle

A restorative lifestyle plan that enables you to stay in your own home.

## HomeFIRST

HomeFIRST is a new service which complements the suite of services available. HomeFIRST provides a wrap around service which is intensive and short term for transitioning a client from hospital back into life at home with great results.

## Support

Regular oversight and support by a Registered Nurse.

Quality of life for older people while they live in their own homes surrounded by the things they love.

If changes in your health mean that it becomes difficult for you to manage at home, the CommunityFIRST service available in Timaru, Pleasant Point and Temuka, can help by supporting and encouraging you to keep your freedom and independence surrounded by the familiar things you love in your own home. If after trying CommunityFIRST you find it isn't for you, a transfer to a Rest Home of your choice can be arranged.

### Enjoy the total package.

CommunityFIRST, coupled with Home Support, provides a restorative continuum of care across the community. Give us a call to see if CommunityFIRST is right for you.

Along with cottages, apartments and the Enliven Day Activity Programme we are your one stop shop for care services.





## Day Centre

Our Enliven Day Centre is a valued opportunity for people in the community who may live alone or with family to socialise with other people, to share old times, concerns, any local or international news, have fun, build new friendships and learn new skills.

We provide morning and afternoon tea and a hot meal for lunch. Participants are picked up by the van (within Timaru city boundaries) driven by volunteers with a person to assist in and out, whisked away

for a day of stimulating and enjoyable activities, then returned mid-afternoon right to their own front door.

While you are spending your day with us, your carers can enjoy some time out.

On Saturdays we provide a specialised Dementia Day Care programme.

## Our Homes

We understand the importance of professionalism and dedication in the delivery of care. Meeting and exceeding the care expectations required of us is a daily goal embraced enthusiastically by our dedicated team of highly experienced Registered Nurses and carers.

When you share your life with us you will enjoy a range of services and support delivered in comfort and with a smile. We provide physiotherapy, occupational therapy and podiatry services and a varied recreational programme, you can also retain your own GP and have access to a social worker.

- ▶ The Eden Alternative Philosophy of care
- ▶ 24-hour care in a safe and homely environment with Registered Nurses available
- ▶ Registered Nurses on site 24/7 for hospital sites
- ▶ Home cooked meals with a flexible menu
- ▶ Fun activities programme – across the week
- ▶ Your own room with full or partial ensuite
- ▶ Resident led communities for various projects
- ▶ A van with hoist for regular outings
- ▶ Visits from family and friends at your convenience
- ▶ Hairdressing salon
- ▶ Built to maximise sun, views, and gardens.







## The Croft

The Croft Complex in leafy Park Lane, Timaru, is set in a park environment surrounded by trees, manicured shrubberies and flower beds. The views are some of the best of the city and the Southern Alps that Timaru has to offer.

The relaxing and calm views are complimented by the gentle sounds of birdlife and the fragrances from floral borders.

The rooms are all spacious and you can choose from a view or a bi fold door opening onto a sheltered courtyard.

- ▶ Rest Home level of care
- ▶ Hospital care beds incorporating palliative care at hospital level
- ▶ Specialist Dementia Care
- ▶ Retirement Village with a mixture of apartments and cottages.
  - ▷ Four one-bedroom apartments located on the top floor of The Croft
  - ▷ 11 cottages – eight one-bedroom and three two-bedrooms.

## Margaret Wilson

This home is well-known to the people of South Canterbury as a Rest Home and Hospital care facility with few equals.

Margaret Wilson is surrounded by a manicured garden in a quiet residential area in Timaru.

There are no noisy, busy arterial highways nearby and the ambience of Margaret Wilson is an often-admired aspect of residential care in the district.

Twenty-five one and two-bedroomed cottages are available for rent,

all within the grounds of the Complex providing convenience, security and 24-hour nurse call.

The cottages provide the best of both worlds, independent and private lifestyles coupled with close availability of social, health and support services. The cottages complement Margaret Wilson Rest Home and Hospital and together with the Hornsey Home, offers a total aged care facility.







*"This is the best place  
I have ever been.  
I cannot fault the care  
and kindness."*





## Wallingford Home

Wonderful Wallingford as it is known by locals, offers a delightful, friendly home-like atmosphere.

Join the popular Wallingford lifestyle and stay connected to your local community.

In this relaxed and lively environment, you'll continue enjoying your friendships, hobbies and interests. Quality, professional care and practical support is on hand 24/7.

Wallingford offers large rooms with ensuite and attractive gardens enjoyed by the residents all year round.

Care options meet a range of requirements, from independent living

in rental cottages to residential rest home level and respite care.

Across the road there are one and two-bedroom rental cottages which provide independence with the comfort of knowing that help is at hand through the integrated nurse call system linked to the rest home.

These cottages are comfortable, spacious and fully self-contained.

There is also the bonus of choosing to participate in the stimulating and friendly activities arranged at Wallingford by our qualified Diversional Therapist.



A photograph of an elderly couple sitting outdoors. The woman, on the left, has short, wavy white hair and is wearing a blue and red striped V-neck shirt. The man, on the right, is balding with a mustache and is wearing a teal polo shirt. They are both smiling and looking towards the camera. A small, scruffy, light-colored dog is sitting between them, and the man is gently holding its head. The background shows a brick wall and a white railing.

**“Wallingford has a real  
homely atmosphere.  
I enjoy the outings  
and craft sessions.”**





# *Presbyterian Support*

**South Canterbury**

📍 Community Services

23 North Street, Timaru 7910

☎ 03 687 1117

📍 The Croft

Grant Home at The Croft

12 Park Lane, Timaru 7910

📍 Margaret Wilson

27 Seddon Street, Timaru

7910

📍 Wallingford Rest Home 20

Cass Street, Temuka 7920

☎ 03 687 7945

🌐 [pssc.org.nz](http://pssc.org.nz)

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