



**Family
Works**

A PRESBYTERIAN SUPPORT SERVICE
SOUTH CANTERBURY

Buddy Mentoring Programme

The Family Works Buddy Programme matches Big and Little Buddies.

The programme contributes to the emotional and social wellbeing of children by matching them with carefully selected and trained adult volunteers in a well-supported mentoring relationship.

The Aims

- Increase children's self esteem
- Develop social skills and help children make positive choices
- Opportunities for new social experiences and different activities
- Friendship, support, guidance and encouragement
- Fun and happiness

Big Buddies are

- Adults who are there to listen, support and encourage their Little Buddy
- People to hang out and have fun with once a week for 2-3 hours
- Adults aged 18 years and over
- Women and Men from varied backgrounds and life experiences
- Adult role models who can provide a healthy adult/child relationship



Little Buddies are

- Primary school aged children up to 12 years old
- Children whose life circumstances indicate the need for additional adult support
- Children who need extra help coping with or fitting into their home, school or community
- Referred from a variety of sources, such as social workers, public health nurses, teachers and by their own family

We Need More Big Buddies!

Being a Big Buddy is rewarding and fun and your commitment as a Big Buddy mentor could change the life of a young person.

Big Buddies do not have to spend money on activities and outings – low or no-cost activities that encourage positive interests, attitudes, values and behaviours, are all that are required.

Thanks to our sponsor Todd Mudie Group we are able to provide you with things like movie tickets, swim passes, free entry into South Canterbury Rugby home games and more.

Training and ongoing support is provided



The Buddy Programme is Sponsored by Todd Mudie Group



Call us 03 688 5029
Email familyworks@pssc.co.nz
pssc.org.nz/family-works